

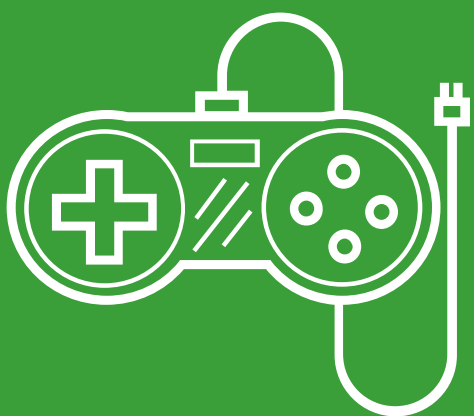
MINECRAFT

Group Therapy

The use of Minecraft and gaming in group therapy helps to inspire exploration, creativity, encourage teamwork and build problem solving skills.

- Builds Social and Cognitive Skills
 - Helps to regulate emotions
- Participants can play in teams of 4, working together to create worlds.
- Encouraging cooperative play allowing participants to build strong social ties in a safe and fun online environment.

Sessions are held at Horizons Therapy Clinic and are fully supervised. Safe Gaming and Online Practices are included in our weekly sessions!



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